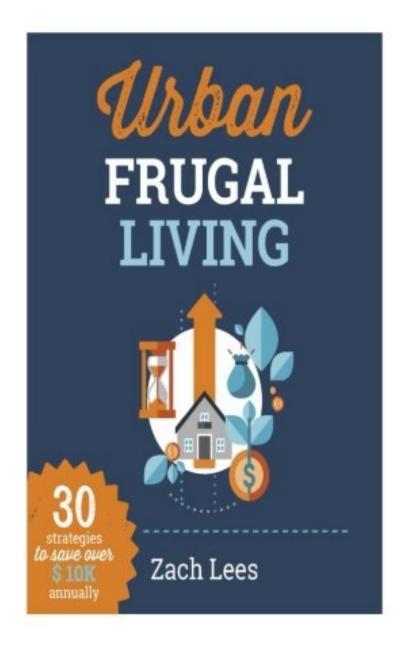


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About the Author

Zach is a former member of the corporate rat race brigade with a Masters Degree in Business. After learning to live with less, Zach found that his happiness actually increased. His life had less clutter, and he wondered whether rampant consumerism in the first world today had zombified it. He is very interested in saving money - within reason - and loves sharing much of what he's learned on his blog: www.zachlees.com He now lives what he calls an "Urban Frugal Lifestyle."

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Are you looking for an introduction to frugal living? Want practical tips that you can immediately apply to save money? Has the modern rat-race dragged you down?

Look no further! Everything included here to get you off to the right start and never look back.

Here's what you'll learn in this book:

- How to minimize your spending and maintain or improve your current quality of life
- Plans and strategies on how to save you hundreds of dollars on grocery shopping
- How to eat for less than you ever thought possible
- An introduction to gardening and how to grow your own vegetables
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- Inexpensive and simple recipes with 5 or less ingredients
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- How to keep yourself endlessly entertained with activities without cable
- Handy and simple worksheets to get you started
-And much much more!
- Sales Rank: #2831400 in Books
- Published on: 2016-01-09
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .17" w x 6.00" l, .24 pounds
- Binding: Paperback
- 74 pages

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4 of 4 people found the following review helpful.

Excellent and very Pratical guide.

By Lee Lambert

I have been looking for a simple practical guide to saving money for 2016. I came across this book and I am really glad I did! This book lays out some great ideas for saving money as well as the potential savings. I had never considered getting rid of cable or my gym membership. This book points out the how and why without giving up everything. When I think of frugal living, I often get an idea of an older person that leaves all the lights off, I guess similar to Scrooge. However, this book shows how you can live frugal, but still enjoy the modern culture. Things such as only have Netflix, but not cable. So you can still watch your Once Upon a Time and keep up with the latest trends without paying an arm and a leg. I highly recommend this book to anyone looking to cut back spending without cutting off living.

0 of 0 people found the following review helpful.

Smart

By Winston Brekard

The author is a life saving genius! This is like having a cheat code when it comes with daily numbers and finance in our day-to-day lives. I read the tips and were so obvious that we don't realize how much money is taken out of our pockets in everything we do per year as for food. Considering that things get more expensive as time passes; this is a big impact on how much could be saved. For travel; just go for websites that offer refund if their competitors have the same reservation cheaper (rates and availability with other websites are changing from time to time). If you check the chart in the book; you will definitely stop smoking. Saving and at the same time, living healthy! Very satisfied and happy with this purchase.

0 of 0 people found the following review helpful.

EXTENSIVE!

By WZ

I decided to give this a go after opening up the sample and seeing a multitude of things on the contents page. I enjoyed his style of writing, and it is clear, concise and writes in a personal manner.

It really is as described. He gives you far more than 30 strategies to save money around the house and gives you tips on practically everything you can do around the house right now to save money. The baking soda categories are quite extensive, many many free things you can do and coverage on how to garden.

I particularly liked his bring your own wine tasting event at home tip. Thats definitely one I'll be trying.

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