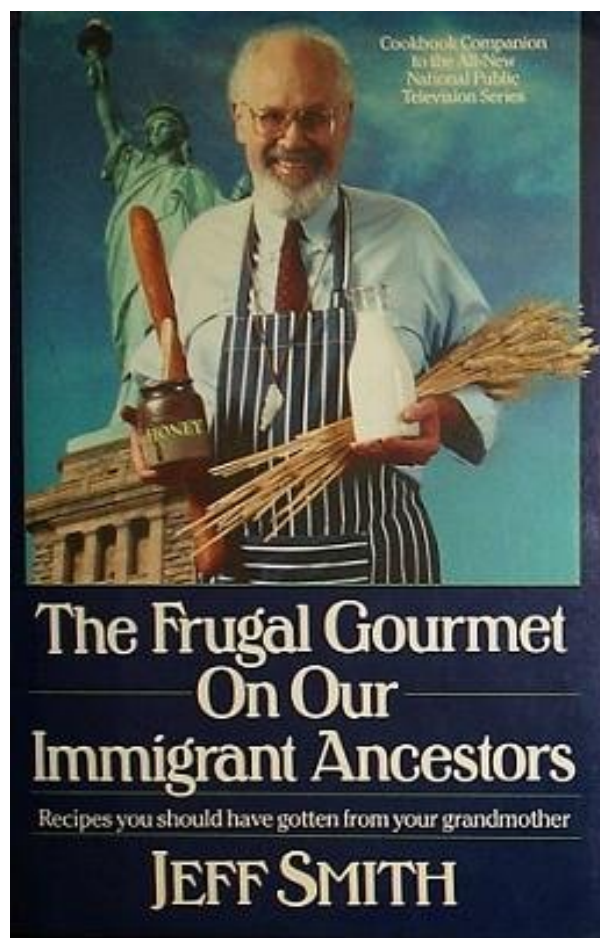
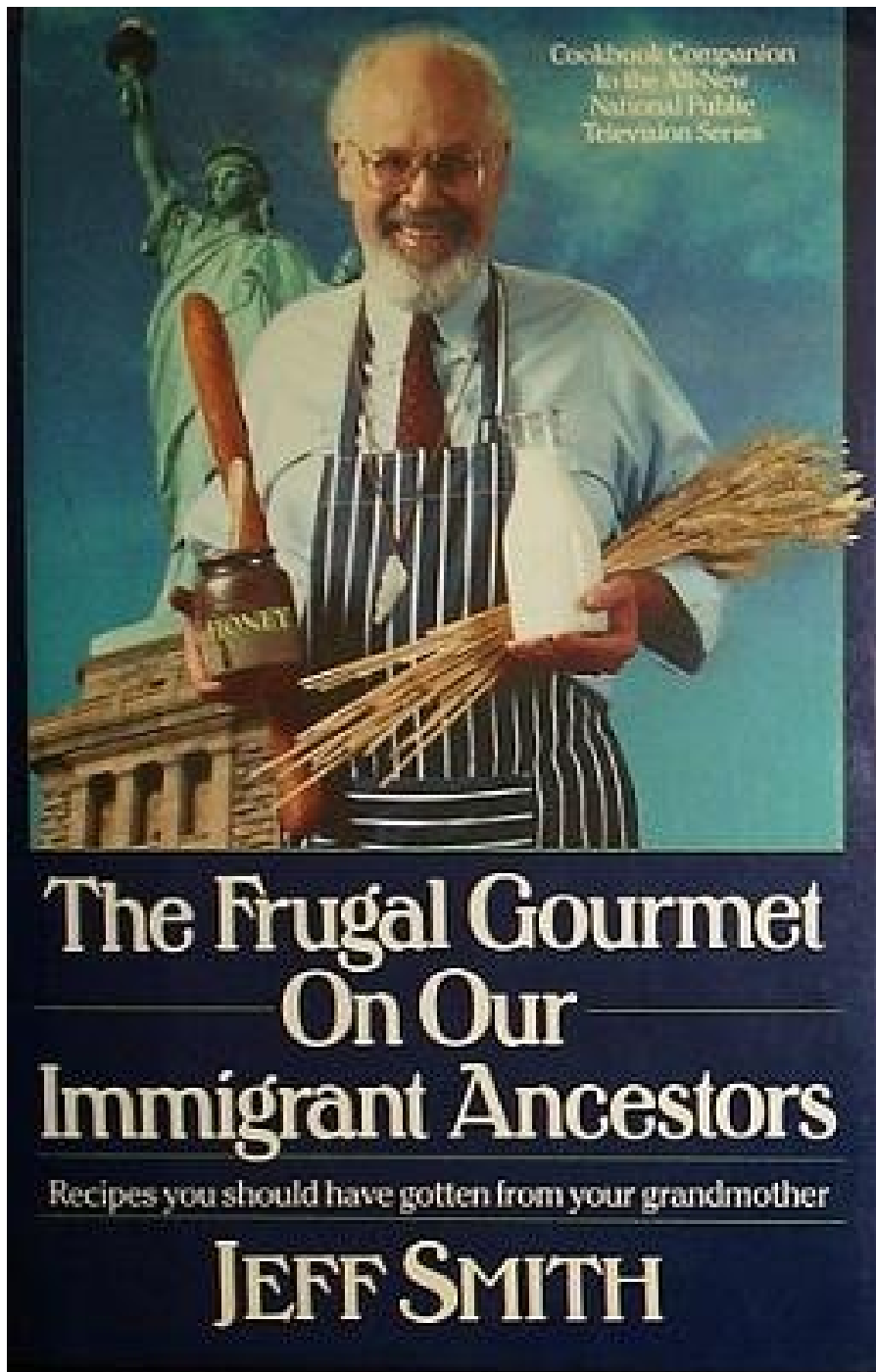


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YA-- If ever a book needed to be on the shelves of libraries serving YAs, this is it. It's a treasure trove of information for those who enjoy cooking, who are interested in ethnic studies of the U. S., or who long for a deeper connection with their heritage. Smith shares with readers recipes of immigrants who are often overlooked--Basques, Ethiopians, Jamaicans, Latvians, Scottish, Saudi Arabians, and many more. Each chapter begins with an illustration of the people, a map, and a few pages of introduction, including history and food customs. The recipes are clearly written and easy to follow. Hints and equipment lists are thorough. A cookbook bibliography, immigrant history bibliography, source list for unusual ingredients, and an index complete the package. Celebrate America's melting pot with a cookbook that honors our diversity.

- Linda Vretos, West Springfield High School, VA

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- Brand: William Morrow & Co
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By Dragon Lady

If you can't get your kids interested in history or world events, or better yet if they are, this cookbook is just what you're looking for. No lesson about the world at large is complete until we connect with those we hear about. Food is the ultimate form of communication, and this book communicates brilliantly. Every listing of recipes from an ethnic group in this book includes a map of their place of origin, and details of what great events of history shaped them. They also give the dates of major surges of immigration to the US for each group. Help your family develop a hunger for history with this book. You won't regret anything but the

pounds (this stuff is delicious!).

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what a tribute to so many countries and their authentic recipes.

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By Bortukan

My family has been using this cookbook for about 15 years, and we all love it. My brother and I started using it as high school kids, and loved experimenting with the enormous range of completely different cuisines represented here. When we left home our parents gave us each copies of this book, and it's still a favorite; now my husband loves the Filipino egg rolls, and the authentic Ethiopian section brings back fond memories of time I spent working there.

Over the years we've tried a high proportion of the recipes, and they've never failed or turned out "wrong." You will need access to some unusual ingredients, but many come in dried forms you could order over the internet if the selection in your town is limited. There's a helpful ingredient dictionary that suggests some substitutions. Any unfamiliar techniques are explained so clearly, it's hard for even an inexperienced cook to mess things up. This is a great cookbook for any adventurous eater!

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