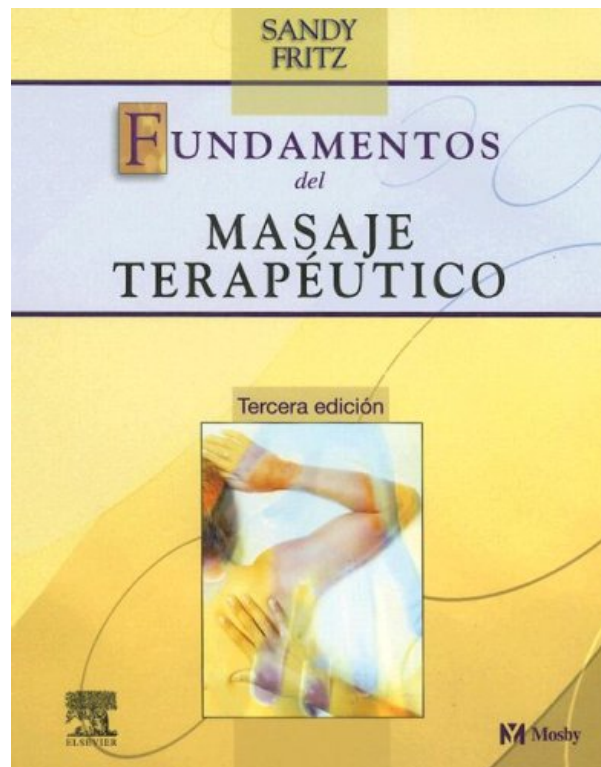
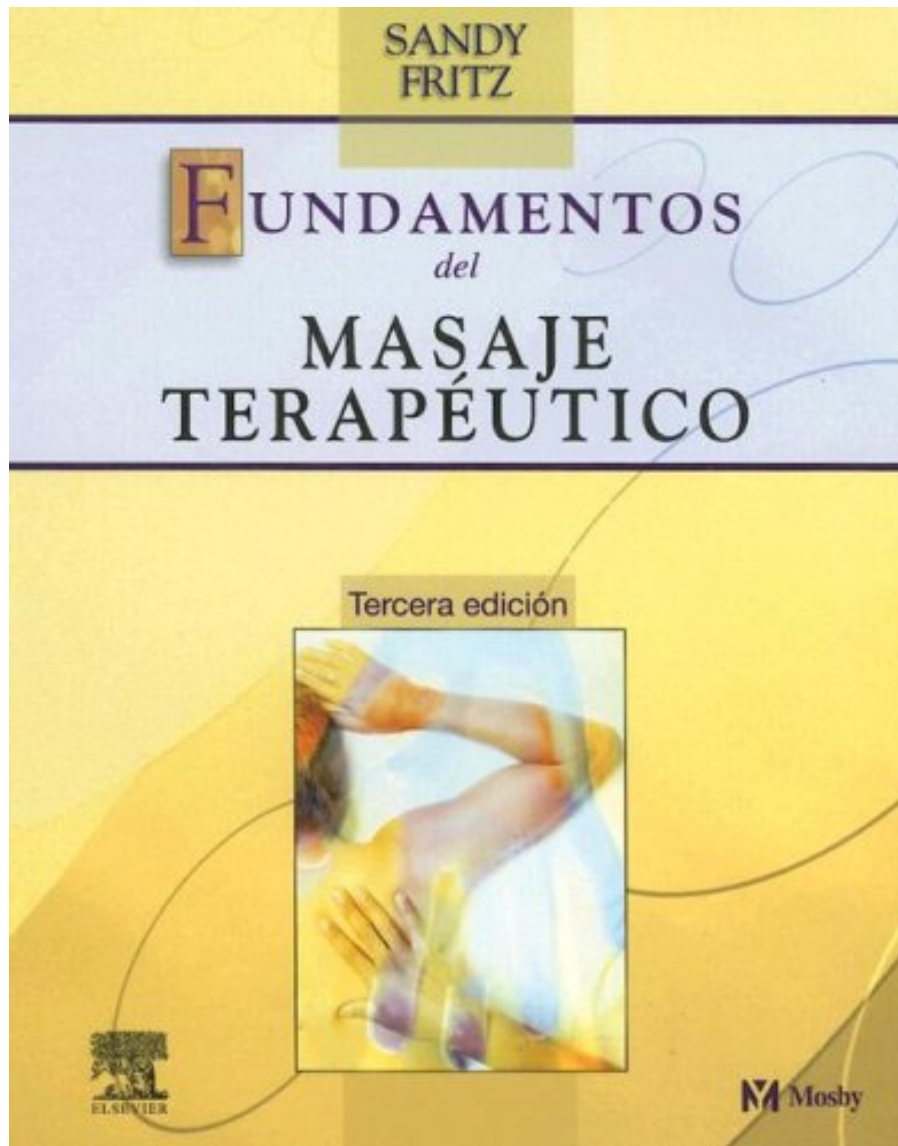


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Sandy Fritz, MS, LMT is the Owner, Director, and Head Educator of the Health Enrichment Center, Inc., School of Therapeutic Massage. Also in private practice for almost 30 years, Sandy works with a diverse clientele, dealing with everything from stress management massage to physician-referred rehabilitative care upon physician referral. She has developed and supervises a student massage clinic with the Detroit Lions of the National Football League. She also provides professional sports massage and rehabilitation for individual athletes, primarily in golf, football, basketball, and baseball. In addition to being published in the *Journal of Bodywork and Movement Therapies*, Sandy is a prominent author of many Elsevier massage therapy resources, including: *Sports & Exercise Massage: Comprehensive Care in Athletics, Fitness, & Rehabilitation* Mosby's *Fundamentals of Therapeutic Massage* Mosby's *Essential Sciences for Therapeutic Massage* Mosby's *Massage Therapy Review* Mosby's *Curriculum Guide for Massage Therapy* Mosby's *Fundamentals of Therapeutic Massage Video Series, Volumes 1-4*

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